

IAWA WORLD CHAMPIONSHIP 4th/5th Oct 2025

INFORMATION SHEET

Promoter: Stevie Shanks and Steve Gardner

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Sanctioned By: International All-Round Weightlifting Association (IAWA).

All participants **MUST** be members of an affiliated organisation.

(This will be a Drug Tested Event)

Entry Fee: £35 – See Entry Form for bank details and Closing Date.

Venue: The Main Hall (Auditorium) -Resurgence training facility
3A Wenlock Rd. Lurgan, Co Armagh BT668QR
Tel: 07901755697
What 3 Words Precise Location /// tricky.period.verge

Lifts: Day One: O/H Bbell CJerk, Push Press, Pullover and Press, Straddle Deadlift

Day Two: Continental Snatch, OH 2” Vertical Bar, Zercher

Weigh-In: Weigh-in will 8am to 9.30am - lifting starting at 10am (both days).
(You are only required to weigh-in on day 2 if attempting records).

Refreshments: Snacks and food on the day - Chippy van (& Bulgarian cuisine) parked outside for both days. **ONLY** 5 minutes walk to Supervalu and various food outlets - Comp venue has drink machines and protein bar vending

Travel: Lurgan Train station 10-15 min walk from comp venue or the Ashbourne Hotel - Portadown Train Station 10-15 mins walk from Banview B&B -The area is well serviced by Buses and local taxi services.

Accommodation: The Ashburne Hotel (10 min walk from venue) Lurgan - 81 William St, Lurgan, Craigavon BT66 6JB - Phone: 028 3832 5711

The Banview B&B Portadown Hotel (10 Min Walk) - 60 Portmore St, Portadown, Craigavon BT62 3NF - Phone: 028 3833 6666

The Seagoe Hotel, Portadown (10 Min Drive) - 22 Upper Church Ln, Portadown, Craigavon BT63 5JE - Phone: 028 3833 3076

Banquet Information & Awards Presentations (and Entertainment Afterwards):

Sunday 5th October (arrive 7pm for 7.30pm dinner)

The Courthouse, 46 William St, Lurgan, Craigavon BT66 6JB - 028 3832 9161

Cost: £35 Per Person (3 course)

Menu: The Menu will be circulated in due course