

IAWA 2025 GOLD CUP – INFORMATION SHEET

- Promoter: Steve Gardner: 18 Holly Road, Barton under Needwood, Staffs. DE138LP
- E Mail: stevegardneruk@gmail.com Tel No: 07960960509
- Event Date: Saturday, 1st November, 2025
- Venue Location: Derby University Gym, Kedleston Road, Derby, DE22 1GB, England
- Sanctioned by: International All-Round Weightlifting Association (IAWA)
All participants MUST be members of an affiliated IAWA organisation)
- Weigh-in: 8.00 am to 9.30am. Lifting will start at 10:00 AM
- Divisions: Records in All Classes & Divisions will be recognised
- Awards: Lifters will attempt to break a World Record in order to win a Gold Cup (or a Trophy based on the Theme 'Gold Cup' if successful)
- Entry Fee: Cost: £35 (Overseas lifters must submit their Entry Form, but may pay on arrival). The entry fee will include a trophy and an event T-Shirt
- Eligibility: To lift for the Gold Cup, entrants must be current World Record Holders and IAWA Member. (non-World Record Holders can lift for a Silver Cup)
- Lifts: The lifter will nominate their first choice record attempt, BUT the first lift on the Platform has to be for the World Record. A second choice lift will also be nominated, in case the lifter fails in their first choice lift!
- Rules: IAWA General Rules and Scoring will apply.
- Howard Prechtel: The Award Will be presented to highest scorer using the Blindt Formula
- Drug Testing: Drug Testing will take place with our IAWA(UK) Drug Test Officers
- Banquet: A Banquet / Awards presentation will follow the event at 7:00 PM
- Cost: £30 (Menu will be circulated in due course)
- Venue: POMS, 1 The Waterfront, Barton Marina, Barton, Staffs DE13 8AS
- Pay Fees: Send all Entry and Banquet Fees to the Promoter by the Closing Date
- Closing Date: 1st October 2025 (One Month Prior to the event)

For any hotel Information, or any other enquiries: Contact the Promoter direct, on email or by telephone, all details as above!