

IAWA Gold Cup 2025

Derby, DE22 1GB, England

Venue: Derby University Gym, Kedleston Road,

Date: Saturday 1st November 2025

Entry Fee: £35 (This will include Trophy based on the theme 'Gold Cup' and an event T Shirt)

Weigh In 8am to 9.30am Lifting Starts 10am

Silver Cup entries (those not eligible to enter Gold Cup) lift first, followed by Gold Cup lifters!

CLOSING DATE FOR ENTRIES: Saturday 4th October 2025 (Closing date is FINAL)

For a lifter to compete in the Gold Cup: they must be a current Member AND also a current IAWA World Record Holder. Four attempts are allowed for the World Record BUT remember the rules of the competition are that a lifter's FIRST attempt on the platform WILL be for the World Record (only World Record Attempts are entertained on the Gold Cup Platform)



Required Information:

Name: DOB:..... AGE GROUP:.....

Address:

Membership Status: Current IAWA Member YES / NO : Please Circle (NOTE: Only Members can take part)

Weight Category:T Shirt Size:

1st Choice Lift:Approx Kgs.....

2nd Choice Lift:Approx Kgs.....

Home Phone Number: Mobile:

E-Mail:..... **I understand fully, that I take part in this event at my own risk and can have no claim for injury or otherwise against the event Promoters or IAWA. I also fully understand that I may be required to undergo a drug test if selected. For your entry to be accepted, please be sure to read this properly and sign**

Signed:

Banquet & Awards Ceremony (Commencing 7 pm)

£..... per head (For details of the Banquet - See information sheet)

Banquet Venue:

.....

Tel: Website:

Number for meal: Total Fees: Special Dietary Requests:

For further Information or enquiries: Contact the Promoter – or see the information Sheet.

All Entries, Forms and Monies, must be paid to the Promoter by the Closing Date (One Month Prior):

Send to: Steve Gardner Email: stevegardneruk@gmail.com Tel: 07960960509

Address: 18 Holly Road, Barton under Needwood, nr Burton on Trent, Staffordshire, England DE138LP

Pay by Bank Transfer: Mr S Gardner – Lloyds Bank Account Number: 01198386 - Sort Code:30-91-47

Paypal is available - Foreign Lifters may pay on the day!