



## British Grip - 18th January 2025 - Samlesbury, Preston

					British Grip														
					Two Hands Clean and Jerk - 2" Bar			Pinch Grip			Two Hands Dumbbells Deadlift			Shanks Lift					
Name	Sex	Age & Sex %	Age Group	Weight Class	Max	4th	Amend	Max	4th	Amend	Max	4th	Amend	Max	4th	Amend	Total	Lynch	Amended
Joshua Davidson	M	0	Open	95KG	100		100.00	80		80.00	250		250.00	385 ●		385.00	815.00	0.8792	716.54
Jamie Oates	M	0	Open	110KG	90		90.00	80	90.5 <sup>BR</sup>	80.00	230		230.00	376.25		376.25	776.25	0.8112	629.73
Emily Haydock	F	66	13 & Under	50KG	26 ▲		26.00	27.5	30 ▲	27.50	80 ▲		80.00	131.25 ▲		131.25	264.75	1.4190	623.62
Paul Hallam	M	7	45+	100KG	80 <sup>BR</sup>		80.00	67.5 <sup>BR</sup>		67.50	195		195.00	306.25		306.25	648.75	0.8471	588.06
Antony Parker	M	0	Open	120KG	80		80.00	85		85.00	215 ●		215.00	332.5		332.50	712.50	0.7714	549.61
Clare Nolan	F	36	40+	105KG	52.5	55 ▲●	52.50	50	52.5▲●	50.00	150▲●		150.00	210	218.8▲●	210.00	462.50	0.8405	528.64
Matt Jones	M	0	Open	125+KG	110 <sup>BR</sup>		110.00	80		80.00	250 ●		250.00	332.5		332.50	772.50	0.6794	524.81
Gary Ell	M	15	50+	90KG	110 <sup>BR</sup>		110.00	50		50.00	150		150.00	236.25		236.25	546.25	0.9067	569.60
Chris Jones	M	2	40+	115KG	80 <sup>BR</sup>		80.00	75 <sup>BR</sup>		75.00	200 <sup>BR</sup>		200.00	271.25 ▲●		271.25	626.25	0.7964	508.71
Steve Moss	M	3	40+	95KG	70		70.00	57.5		57.50	140		140.00	227.5		227.50	495.00	0.8813	449.32
Leo Moss	M	33	13 & Under	50KG	20	22.5 ▲	20.00	27.5	30 ▲	27.50	60 ▲		60.00	113.75	131.3 ▲	113.75	221.25	1.4217	418.36
Kayleigh Lamb	F	33	Open	115KG	40 ●		40.00	45 ●		45.00	120 ●		120.00	175	201.25 ●	175.00	380.00	0.7978	403.22
George Dutton	M	33	13 & Under	60KG	22.5	25 ▲	22.50	27.5	30 ▲	27.50	70		70.00	122.5	131.8 ▲	122.50	242.50	1.1623	374.88

▲ = World Junior/Masters record; ● = World Open record; British record = <sup>BR</sup>

Promoter: Mark Haydock      MC/Announcer: Steve Gardner      Scoring: Mark Haydock      Scored using Total, Age and BWT Formulas  
 Referees: Gary Ell, Matt Jones, Paul Hallam, Mark Haydock, Steve Gardner

Best Male Junior: Leo Moss  
 Best Male Open: Josh Davidson  
 Best Male Master: Paul Hallam  
 Best Female Junior: Emily Haydock  
 Best Female Open: Kayleigh Lamb  
 Best Female Master: Clare Nolan  
 Overall Champion of Champions – Winner of the Karen Gardner Memorial Trophy: Josh Davidson (2nd Place = Jamie Oates – 3rd Place = Emily Haydock)