



British All-Round Championship - 06 July 2024 - MetamorFIT, Eastbourne, East Sussex



British All-Round Championship								
1.0195			0.8555			0.4967		
Continental Snatch			Power Row			Straddle Deadlift - 2" Bar		

Name	Sex	Age & Sex %	Age Group	Weight Class	Max	4th	Amend	Max	4th	Amend	Max	4th	Amend	Total	Lynch	Amended
Mark Haydock	M	10	45+	110KG	75		76.46	117.5		100.52	270▲●		134.12	311.10	0.8187	280.16
Joshua Davidson	M	0	Open	95KG	90		91.76	110	110.5	94.10	240		119.22	305.07	0.8776	267.74
Chloe Brennan	F	33	Open	80KG	65●	70●	66.27	55 ^{BR}		47.05	160		79.48	192.80	0.9992	256.21
Beata Banas	F	34	40+	70KG	50 ^{BR}		50.98	62.5▲●		53.47	135▲●	140▲●	67.06	171.50	1.0570	242.91
James Joyce	M	0	Open	90KG	82.5		84.11	80		68.44	220●		109.28	261.83	0.9224	241.51
Glenn Branch	M	2	40+	95KG	75		76.46	77.5		66.30	235▲	250▲●	116.73	259.50	0.8751	231.62
Jamie Oates	M	0	Open	105KG	62.5		63.72	105		89.82	220●		109.28	262.83	0.8396	220.66
Thomas Meakin	M	42	70+	85KG	45		45.88	75 ^{BR}		64.16	105▲		52.16	162.20	0.9520	219.26
Matt Jones	M	0	Open	125+KG	100 ^{BR}		101.95	110		94.10	220 ^{BR}		109.28	305.34	0.7132	217.76
Steve Andrews	M	25	60+	70KG	47.5		48.43	60		51.33	120		59.61	159.36	1.0925	217.63
Paul Hallam	M	6	45+	100KG	65		66.27	90	96.5▲	76.99	190		94.38	237.64	0.8564	215.73
Suzie Richards	F	45	50+	65KG	35.5▲		35.68	52.5▲●	55▲●	44.91	105▲		52.16	132.75	1.1065	212.99
Amy Proferes	F	43	45+	75KG	45▲		45.88	45▲		38.50	115.5▲●		57.13	141.50	1.0355	209.52
Danny Kingsland	M	0	Open	65KG	50		50.98	75		64.16	125		62.09	177.23	1.1526	204.27
Kim Snowling	F	36	40+	70KG	35		35.68	51		42.77	120	125	59.61	138.06	1.0824	203.24
George Johns	M	0	Open	95KG	70		71.37	70		59.88	180		89.41	220.66	0.8970	197.94
Michael Perry	M	20	55+	75KG	30		30.59	70▲	75▲	59.88	145▲	150▲	72.03	162.50	1.0093	196.81
Aaron Hayhoe	M	0	Open	90KG	70		71.37	72.5		62.02	145		72.03	205.41	0.9050	185.90
Emily Haydock	F	66	13 & Under	45KG	17.5▲		17.84	22.5▲		19.25	67.5▲		33.53	70.62	1.4741	172.80
Stephen Snowling	M	3	40+	90KG	40		40.78	65		55.61	160		79.48	175.86	0.9199	166.63
Toni Barlow	F	42	45+	95KG	37.5▲		38.23	40		34.22	90▲		44.71	117.16	0.8818	146.70
Graham Saxton	M	23	60+	120KG	30 ^{BR}		30.59	60▲		51.33	140▲		69.54	151.46	0.7855	146.34

● = Open World Record ▲ = Masters/Junior World Record ^{BR} = British Record Scored using Blindt Coefficients

Promoter - Paul Barette MC & Announcer - Steve Gardner Scoring - Paul Barette

Loaders & Spotters - The Lifters Drug Testing - Sam Bonar & Josh Davidson

Referees - Suzie Richards, Glenn Branch, Mark Haydock, Paul Barette, Steve Andrews, Graham Saxton, (Joshua Davidson - Provisional)

Best Junior Lifter - Emily Haydock

Best Open Female Lifter - Chloe Brennan

Best Masters Female Lifter - Beata Banas

Best Open Male Lifter - Joshua Davidson

Best Masters Male Lifter - Mark Haydock

In the Overall Best Lifter rankings:

3rd Chloe Brennan

2nd Joshua Davidson

1st Mark Haydock - Winner of the Health & Strength British All-Round Trophy